

Kostas Roumeliotis: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:10 - 8:50	Dorothy Lynas Beginning	Sherwood Park Beginning	Cove Cliff Beginning (8:00 - 8:40)		Lynnmour Beginning
8:50 - 9:30	Dorothy Lynas Continuing	Sherwood Park Continuing	Cove Cliff Continuing (8:40 - 9:20)		Lynnmour Continuing
Recess	Break	Break	Break	Break	Break
10:40-11:20	Blueridge Beginning		Lynnmour Beginning	Sherwood Park Beginning	Cove Cliff Beginning
11:20-12:00	Blueridge Continuing		Lynnmour Continuing	Sherwood Park Continuing	Cove Cliff Continuing
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-1:40			Blueridge Beginning (1:20 - 2:00)	Dorothy Lynas Beginning	
1:40-2:20			Blueridge Continuing (2:00 - 2:40)	Dorothy Lynas Continuing	

Alexei Solomakha: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 8:40	Brooksbank Begining	Eastview Beginning	Beginning Braemar	Cairisbrooke Contining	Queensbury Beginning
8:40 - 9:20	Brooksbank Continuing	Eastview Continuing	Continuing Braemar	Cairisbrooke Beginning	Queensbury Continuing
Recess	Break	Break	Break	Break	Break
10:45-11:25		Queensbury Beginning	Capilano Beginning	Eastview Continuing	Continuing Braemar
11:25-12:05		Queensbury Continuing	Capilano Continuing	Eastview Beginning	Beginning Braemar
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-1:40		Cairisbrooke Beginning	Brooksbank Continuing		Capilano Continuing
1:40-2:20		Cairisbrooke Continuing	Brooksbank Beginning		Capilano Beginning

Sab Kabok: Strings 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40	Highlands Continuing (7:55-8:35 am)	Cleveland Beginning	Highlands Continuing (7:55 - 8:35 am)	Montroyal Continuing	
8:40 - 9:20	Highlands Beginning (8:35-9:15 am)	Cleveland Continuing	Highland Beginning (8:35 - 9:15 am)	Montroyal Beginning	
Recess	Break	Break	Break	Break	Break
10:05 - 10:45		Montroyal Beginning			Cleveland Continuing (10:40 -11:20)
10:45-11:25		Montroyal Continuing			Cleveland Beginning (11:20 - 12:00)
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch

Anthony Dang: Strings 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40		Larson Continuing		Braemar Continuing	
8:40-9:20		Larson Beginning		Braemar Beginning	
Recess	Break	Break	Break	Break	Break
10:45-11:25		Braemar Beginning		Larson Beginning	
11:25-12:05		Braemar Continuing		Larson Continuing	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-1:40		Ross Road Continuing		Ross Road Continuing	
1:40-2:20					

Patrick Metzger: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40		Queen Mary Beginning		Boundary Beginning	
8:40-9:20		Queen Mary Continuing		Boundary Continuing	
Recess	Break	Break	Break	Break	Break
9:45-10:25		Larson Beginning (9:40 - 10:20)		Larson Beginning (9:40 - 10:20)	
10:50-11:30		Norgate Beginning		Queen Mary Beginning (10:50 - 11:30)	
Lunch	Lunch	Lunch	Lunch	Queen Mary Continuing (11:30 - 12:10)	Lunch
1:00-1:40		Boundary Beginning		Norgate Beginning	
1:40-2:20		Boundary Continuing			

Andrew Voth: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40	Ridgeway Beginning	Ridgeway Continuing	Ridgeway Beginning	Ridgeway Continuing	

Joshua Capri: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:10-8:50		Westview Continuing		Westview Beginning	
8:50-9:30		Westview Beginning		Westview Continuing	

Frankie Hidalgo: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40	Lynn Valley Beginning	Highlands Beginning	Upper Lynn Beginning	Ross Road Continuing	Canyon Heights Beginning
8:40-9:20	Lynn Valley Continuing	Highlands Continuing	Upper Lynn Continuing	Ross Road Beginning	Canyon Heights Continuing
Recess	Break	Break	Break	Break	Break
10:45-11:25	Ross Road Beginning	Canyon Heights Continuing	Lynn Valley Beginning	Highlands Beginning	Upper Lynn Beginning
11:25-12:05	Ross Road Continuing	Canyon Heights Beginning	Lynn Valley Continuing	Highlands Continuing	Upper Lynn Continuing
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-1:40		Cleveland Beginning		Cleveland Beginning	
2:20 -3:00		Cleveland Continuing		Cleveland Continuing	

Sydney Tough: Band 2025-2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40		Seymour Heights Beginning			
8:40-9:20		Seymour Heights Continuing			
Recess	Break	Break	Break	Break	Break
9:40-10:20				Seymour Heights Continuing	
11:20-12:00				Seymour Heights Beginning	

Danielle Leonard: Strings 2025- 2026

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:40		Dorothy Lynas Beginning	Sherwood Park Beginning	Dorothy Lynas Continuing	Sherwood Park Continuing
8:40-9:20		Dorothy Lynas Continuing	Sherwood Park Continuing	Dorothy Lynas Beginning	Sherwood Park Beginning